

GEAR

- Sleeping Bag
- Sleeping Pad
- Ground Cloth (tent camp)
- Mess Kit w/Utensils
- Backpack w/Rain Cover(optional)

CLEAN UP KIT

- Soap
- Toothbrush
- Toothpaste
- Dental Floss
- Comb
- Wash Cloth
- Towel

OUTDOOR ESSENTIALS

- First Aid Kit
- Extra Clothes
- Rain Gear
- Water Bottle
- Flashlight
- Compass
- Lip Balm/Chapstick
- Sunscreen

PERSONAL EXTRAS (OPTIONAL)

- Watch
- Notebook
- Pencil or Pen
- Sunglasses
- Day Pack for Hiking
- Advancement Workbook*

CLOTHING

- Short Sleeved Shirt
- T-shirt
- Hiking Shorts
- Long Pants
- Hiking Boots or Sturdy Shoes
- Socks
- Sweater or Warm jacket
- Hat with Brim for Shade
- Bandanna
- Extra Underwear
- Sweat Pants for Sleeping

Items marked with * not Optional

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OUTDOOR ESSENTIALS

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- Extra Clothes
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- Flashlight
- Compass
- Lip Balm/Chapstick

PERSONAL EXTRAS (OPTIONAL)

- Watch
- Notebook
- Pencil or Pen
- Sunglasses
- Day Pack for Hiking
- Advancement Workbook*

CLOTHING**

- Long Sleeved Shirt
- Long Pants
- Sweater
- Long Underwear
- Hiking Boots or Sturdy Shoes
- Socks
- Insulated Parka or Coat with Hood
- Warm Hat
- Mittens or Gloves
- Extra Underwear
- Sweat Pants for Sleeping

Items marked with * not Optional

**Warmest fabrics are synthetics and wool